

★ CLUB GUIDELINES ★

We hope everyone enjoys their time at our club. To ensure this happens please read through the following guidelines & tick off on your membership form that you accept to adhere to them throughout your time at SEA.

GENERAL:

- ◆ Athletes are to be punctual, in the correct attire ready to start class 5mins before their session. This means hair tied up, correct training gear on (including cheer shoes) & **no** jewellery, long nails or gum. This for safety of both the athletes AND coaches.
- ◆ All athletes are to treat team members and coaching staff as they would like themselves to be treated. I expect all my athletes to be polite, considerate of others, friendly & ready to work hard! Failure to do this may see athletes lose their spots in a class/squad or if extreme enough be asked to leave the club. Bullying will NOT be tolerated. If you have any concerns about this then please send an email so I may follow it up at a convenient time & come up with a solution.
- ◆ Parents are not to approach, call out to the athletes or speak to the coaches during class time. This is for the safety of the athletes. We need the athletes focused on the coach & the instructions being given to prevent injuries & to have the athletes get the most out of each class. Parents may stay & watch the casual classes by sitting in the chairs provided. If you wish to raise any concerns please see Ali after a class or pop an email via the club's email address for Ali to follow up on.
- ◆ Any athlete that is not a Club Member after 1 month of starting classes will also be asked to sit out until the payment is fixed up this is for insurance purposes & is VERY IMPORTANT!
- ◆ All fees need to be kept up to date if your child is to hold their spot in their class/es. Casual paying athletes are given 2 weeks leeway & full term athletes have until the due date on their invoice after this they will be asked to sit out of class until payment is fixed up or other arrangements have been made. As a small business I rely on prompt payment so that I may plan ahead & purchase equipment & resources that will enhance your child's learning & fun at SEA.
- ◆ Please advise as early as possible if you will be unable to attend a class so that if needed the lesson plan can be adjusted or (if due to multiple absences) the class can be cancelled/rescheduled. I will always give the most warning I can if classes have to be rescheduled/cancelled due to my illness or other circumstances but please always check our FACEBOOK before your session to make sure class is on. Make up lessons can be arranged in some circumstances IF prior notice has been given of your absence.
- ◆ Due to limited spaces in classes if you have 3 unexplained absences your spot may be given to someone else & your fees forfeited. If you know that you are going to miss a block of lessons please see Ali ASAP so arrangements can be made.
- ◆ Athletes are to remain off the mats/equipment until their coach has called them on to begin their class. Extra siblings that are not in a class are NOT allowed on the mats/equipment. This is VERY important as we don't want unnecessary & preventable injuries.
- ◆ Every SEA athlete is to purchase at least 1 piece of official club attire to wear to their training sessions. This to help the coaches identify the athletes in the class & allows the athlete's to feel like a team & be proud of representing SEA.
- ◆ Athletes & parents are required to participate in at least 1 of our community events/awareness campaigns per year but obviously the more the better! This is a big part of our club & what values I want to share with the athletes so I expect full support from parents where ever they can.
- ◆ There is to be **no** eating in either of the halls & athletes are to bring water ONLY in their drink bottles.